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••• **PATIENT INFORMATION LEAFLET** •••

**DRUG NAME: Biestrogen/Testosterone Gel**

**COMMON USES:** These medications contain estrogen hormone used to provide female hormones when the body no longer produces enough and an androgen hormone naturally found in the body. They are also used to help prevent osteoporosis (weakened bones). They are also used to treat hormone deficiencies, hypo-gonadism, cancer, and other conditions as determined by your physician.

**HOW TO USE THIS MEDICINE:** Follow the directions for using this medication provided by your physician. Do not exceed the maximum dose prescribed by your physician. **TRY TO TAKE THIS MEDICINE** at the same time every day, not more than 24 hours apart. **STORE THIS MEDICATION** at room temperature in a tightly-closed container, away from heat and light. It does not need to be stored in the refrigerator. **IF YOU MISS A DOSE OF THIS MEDICINE**, take the missed dose as soon as possible. If it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule. **DO NOT** double up doses.

**CAUTIONS:** **BEFORE YOU BEGIN TAKING ANY NEW MEDICINE**, either by prescription or over-the-counter, check with your doctor or pharmacist. **FOR FEMALES**, you may experience absence of your menstrual periods while using this medicine. If you experience irregular menstrual periods, contact your physician. **YOU SHOULD PERFORM REGULAR** self-examinations of your breasts. If you have questions about how to perform monthly breast self-examinations, contact your doctor, nurse, or pharmacist. **DO NOT** use this medicine if you are pregnant. **IF YOU SUSPECT THAT YOU COULD BE PREGNANT**, contact your doctor immediately. Contact your physician as soon as possible if you experience frequent or persistent erections of the penis, nausea, vomiting, change in skin color, swelling of the ankles, or headache. There is an increased risk in developing prostatic hypertrophy and prostatic carcinoma while using this product. **IF YOU HAVE DIABETES MELLITUS** and use insulin, this medication may affect your blood sugar and insulin requirements. Check blood glucose levels closely and consult your doctor before adjusting your insulin dosages. **IF YOU WEAR CONTACT LENSES** and you develop problems with them, contact your doctor.

**POSSIBLE SIDE EFFECTS:** Side effects that may go away during treatment, include: nausea headache, mood changes, or changes in sexual desire. If they continue or are bothersome, check with your doctor. **CHECK WITH YOUR DOCTOR AS SOON AS POSSIBLE** if you experience ankle or finger swelling, headache, weight gain, nausea, vomiting, or change in skin color. **FOR FEMALES:** check with your doctor as soon as possible if you experience deepening of the voice; acne; absence menstrual periods; breakthrough bleeding, spotting, or change in menstrual periods; breast tenderness; or growth of facial hair. **FOR MALES:** check with your doctor as soon as possible if you experience frequent or persistent erections, or acne. If you notice other effects not listed above, contact your doctor, nurse, or pharmacist.

**Your Pharmacist Compounded This Medication Especially For You**